

Upcoming Trainings 2016-2017



Interconceptional Care Training: 1 p.m. to 5 p.m.

2017: March 2, June 20 and September 14

Healthy Start Coalition of Hillsborough County offers this comprehensive curriculum based on the CDC's recommendations to conduct community education around interconception health care (ICC). ICC offers women information on personal wellness and the importance of being healthy prior to pregnancy to prevent poor birth outcomes. The newly revised ICC curriculum follows the U.S. Centers for Disease Control's required components on: Access to Care, Baby Spacing, Maternal Infections, Chronic Health Problems, Nutrition, Physical Activity, Environmental Risks, Mental Health, Smoking and Substance Abuse.

Safe Baby Training: 1 p.m. to 3 p.m.

2017: March 29, June 14 and October 11

Safe Baby offers hospital and community-based education to teach parents about direct actions that they can take to protect their babies from the main causes of preventable infant deaths in Hillsborough County. Protective practices include how to choose a safe caregiver, prevent Shaken Baby Syndrome, and promote safe sleep practices.

The Safe Baby curriculum was developed by the Healthy Start Coalition of Hillsborough County based on American Academy of Pediatrics recommendations and modeled after a program developed by Dr. Mark Dias. More than 5,000 nurses in Tampa General Hospital, Florida Hospital Tampa, Brandon Regional Hospital and St. Joseph's Women's Hospital have been trained and to use Safe Baby curriculum with patients. The Healthy Start System of care and other partnering providers offer the education to moms prenatally to provide a consistent message to all families to protect infants.

Trainings are held at the Healthy Start Coalition of Hillsborough County at 2806 N. Armenia Ave. in Tampa. For more information or to register, please contact Nancy Hankin at nhankin@hstart.org or 813-849-7994.

