

Teen Programs in Hillsborough County

1. DACCO – Back on Track Program

813-384-4079

<http://dacco.org.temp.realssl.com/PROGRAMS/OutpatientPrograms/AdolescentSpecialtyProgram.aspx>

- 8-12 week program
- 3 days a week from 4:00 p.m.-8:00 p.m.
- teens age 12 -17 and includes
- addresses issues such as self-esteem, self-loathing, anger, the consequences of alcohol and drug addiction, and understanding and building healthy relationships

2. Young Life

813-558-8785

<http://msites.younglife.org/layouts/InformationSplashPage/default.aspx?OfficeOrClubID=AG320>

- Their mission is to introduce adolescents to Jesus Christ and to help them grow in their faith
- brings the good news of Jesus Christ into the lives of adolescents with an approach that is respectful of who kids are and hopeful about who they can be

3. Columbus JRF – Dept of Juvenile

813-526-1462

sam.cerezo@us.g4s.com (no website)

- Community case manager working with at-risk youth and families to help in prevention by mentoring and support services
- For all at-risk youth

4. Motivated Steps

813-325-6779

http://www.motivatedsteps.com/Home_Page.html

- Mentoring services which encourage self-esteem, positive body image and confidence
- Tutoring: Individual or Group setting
- Youth Programs addressing self-esteem, positive relationships, empowerment and encouraging future goals

5. Phoenix House – Derek Jeter Center

813-881-1000

<http://www.phoenixhouse.org/locations/florida/>

- Comprehensive outpatient services for teens
- Helps families address adolescent substance abuse
- State, Medicaid, Insurance and self-pay. Sliding scale reductions based on household income are available for adolescents.

6. Youth Advocate Program

813-248-3980

www.yapinc.org

- One-to-one case management
- Gender specific
- Working to accomplish goals/needs identified by the family during initial assessment
- Youth ages 10-17
- Reside in zip codes 33610, 33612, 33617, 33604, 33619, 33569, 33605, 33607, 33511

7. High School Diploma Program – West University Charter High School

813-448-1560

Seminole Heights Charter High School

813-463-0942

www.yourdiplomayourway.com

Non-traditional high school setting serves youth 16-21/Hillsborough County

- Opportunity to complete credits towards earning a high school diploma at their own pace

8. Project Latino Style – USF

813-220-0822

<http://latinostyle.fmhi.usf.edu>

- Latino youth ages 14-17 and a parent or guardian in all surrounding counties
- Participate in interactive workshops (teens in English and parents in Spanish),
- Acquire skills to facilitate parent-child communication about topics such as sex, alcohol, drug, dating violence, HIV, nutrition, exercise, etc
- Participants get paid up to \$250 for completing some questionnaires

9. Prodigy

813-558-5212

www.prodigyarts.org

- At-risk youth between the ages of 7-17
- Infuses visual and performing arts classes with self regulation skills; anger management, problem solving and communication
- Hillsborough, Pinellas, Pasco, Polk, Manatee, Sarasota, Orange counties

10. Community Tampa Bay

727.568.9333 or email <mailto:generalinfo@communitytampabay.org>

<http://www.communitytampabay.org/hillsborough-youth-collaborative.html>

- Hillsborough Youth Collaborative: Learn and practice leadership, advocacy, public speaking, and project planning ; Earn volunteer service hours for school, scholarships, and college applications; Experience networking opportunities through retreats, trips and visits with community leaders
- ANYTOWN: Youth leadership and diversity education program to empower diverse groups of young people to create more inclusive and just schools and communities where everyone is treated with dignity and respect
- 8th grade to high school age youth

11. Sylvia Thomas Center for Adoptive and Foster Families

813-651-3150

www.sylviathomascenter.org

Support to pre-adoptive and post-adoptive families

- Provides in-home case management to post-adoptive families in crisis
- Four support groups for adoptive parents and adopted children

12. Peace in Action – The Spring of Tampa Bay, Inc.

813-210-0409

www.thespring.org

- Youth between ages 10-17 charged with D.V., have been exposed to D.V., and or have the propensity to commit interpersonal violence
- Youth domestic violence intervention program designed to reduce youth violence in the home, community and school
- Goal is for participants to learn violence and abuse are not acceptable forms of behavior
- Participants are taught coping and conflict resolution skills within relationships
- Fifteen one-and-half-hour weekly sessions completes the program

13. E.C.C.O. Program – Lowry Park Zoo

813-935-8552, x479

www.lowryparkzoo.com

- Teens ages 13-17
- Afterschool program that focuses on leadership, stewardship of animals and the environment and community engagement
- Teens meet weekly at the Zoo and earn service hours through their participation

14. Frameworks of Tampa Bay (Formerly Ophelia Project)

813-514-9555 ex: 109

<http://myframeworks.org/>

- Girls on the Run: For elementary and middle school girls that focuses on social, emotional, and physical development; Integrates age-appropriate life skill lessons with training for a 5k run in a fun, interactive way
- Teens In Action: 10 month coed social and emotional learning and civic engagement leadership program for high school students; Develops strong social and emotional intelligence (EQ) and teaches the importance of life-long philanthropy and civic engagement
- PATHS is an evidence-based curriculum that promotes social and emotional learning; Preventing or reducing behavioral and emotional problems in youth

15. Tampa Housing Authority Youth and Family Services

813-254-7568

www.thafl.com

- Youth identified as those exhibiting runaway, ungovernable, and truant behavior between the ages of 7-17 years
- Offers individual, group and family counseling, as well as case management services
- Services are provided primarily in the client's home and/or school setting.
- Offers Healthy Parenting & Anger Management classes to the parents of the clients and the community

16. WIA Youth Program – Tampa Bay Workforce Alliance

813-930-7810

www.workforcetampa.com

- Youth ages 16-21/Hillsborough County
- Low income youth who face a barrier to achieving goals
- Assist with training and post secondary tuition costs, assist with employment, pay GED tuition and offer supportive services

17. Supportive Therapy Empowering People

813-892-6203

rvilmenay@supportivetherapy.net

- Provides individual, family and group therapy to children, teens and adults who are experiencing challenges causing turmoil in the home, school and workplace
- Mentors provide encouragement to some of the children who tend to be scapegoated and attempt to use one-on-one time to engage in supportive and positive activities together
- Anger Management and Intensive Parenting classes
- Anger Management Court approved 6 week groups
- Major Insurances such as Cigna, Aetna, Humana, Mental HealthNet, TriCare and CMS and Self-pay

18. Teen Support Groups – Family Enrichment Center

813-237-2530

http://fectampa.org/davis_support_center.php

- 2nd and 4th Weds of the every month
- Teens come together and discuss all issues and success with peers and provide support and encouragement for each other

19. A Center For Grieving Children and Teens – Suncoast Kids Place

813-990-0216

www.suncoastkidsplace.org

- Children ages 3-18 in Hillsborough and some of Pasco County
- Provide grief and loss peer support groups to children and teens
- Use a combination of peer support groups, along with play therapy techniques, to support the kids through their grief journey
- Caregiver groups offered simultaneously to kids groups

20. Woman to Woman – Gulf Coast Jewish Family & Community Services

813.558.1370 Ext 306

<http://gulfcoastjewishfamilyandcommunityservices.org/children-n-family/woman-to-woman/>

- Mentoring program for teenage mothers and pregnant girls who are at risk for academic failure and repeat pregnancies
- Mentors organize skill-building workshops, evening and overnight events, all geared to help the teens to recognize negative behavioral patterns and create new ones that will empower them
- Teens work with a Woman to Woman case manager to secure needed social services for themselves and their babies

21. Pace Center for Girls

813-739-0410

<http://pacecenter.org/hillsborough>

- At-risk girls between 12-17 years old in Hillsborough County
- Social Services and Academic Day program for girls who may be struggling in their community and/or school setting; identified as dependent, truant, runaway, ungovernable, delinquent or in need of academic skills
- Serves as an alternative to incarceration by providing therapeutic support services, individualized and group counseling, a gender-specific life management curriculum, academic education, individualized attention, parental involvement, community service and 3 years of follow up transition services.

22. Computer Mentor Group

813- 241-4200

http://computermentors.org/site_manager/

- STEM Corps High School Program: Intended for at risk students to start careers in Information Technology; Youth perform service for the community through technology service-learning projects
- IT Forward CJC Program: Assists youth offenders between the ages of 18 and 24 that have been involved in the Juvenile Justice system within the past 12 months; Can earn GED while completing training and certification courses; Stipends are given to those who complete a certain amount of course hours
- Computer lab available for community members to access internet and also serves as an DCF Access location

23. Project Link

813.276.5671

<http://www.project-link.org/>

- Program focuses on improving school attendance by addressing the underlying difficulties within families that lead to truancy
- Elementary to high school students and their families in the East and West Tampa area
- Students are identified as at-risk of chronic absenteeism, social skills development, and academic achievement

24. End Violence Early – Mental Health Care, Inc

813-231-1420

www.mhc.org

Early intervention program for teens who are beginning to or have used violence within their homes and the community

- Goal is to stop the violence and promote equality in the teen's current and future relationships
- Youth 7-17 years

25. Teen Parent Program – Hillsborough County School District

813-272-4501

<http://teenparent.mysdhc.org/>

- Voluntary program designed to meet the needs of expectant youth and teen parents
- Students have the option to participate in the program by choosing to go the *Traditional School* route or attend at a *Parent Teen Center*
- Student has to be enrolled in a Hillsborough County Public School to be eligible for the program

26. G.E.M.S. (Girls Empowered Mentally for Success, Inc.)

813-300-2891

www.Girlsrgems.org

- At risk girls ages 10-17 in Hillsborough County
- Addresses and meets the multiple needs of girls that are facing risk factors, such as lack of parental involvement, school dropout, substance abuse, low self-esteem, among others
- Designed to decrease negative socioeconomic trends distressing a young girl's development from early adolescence through late adolescence
- Offers group mentoring, one to one adult mentoring, and peer mentoring at different stages of the program