

Children's Board Family Resource Centers

Developmental Playgroups

AROUND THE CENTERS

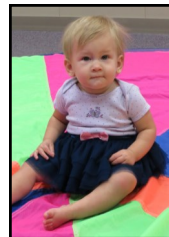
The six Children's Board Family Resource Centers offer Developmental Playgroups provided by Baby Bungalow and led by Trained Facilitators.

- **Baby & Me:** A 5-week developmental playgroup for pre-crawling, crawling and toddling babies birth to 14 months. This playgroup targets the unique needs of infants for free exploration and play as well as caregiver/child attachment.
- **Creative Learning:** A 5-week playgroup for 3, 4 and 5 year olds that will stimulate your child's creativity, initiative and cognitive development using science, math and art play.
- **Growing Together:** A 5-week developmental playgroup for confidently walking 1 year olds (12 to 24 months) that targets early childhood development through music, singing, rhymes, motor activities and social interaction.
- **Infant Massage:** A 3-week course for pre-crawling babies that will strengthen the bond between the caregiver and baby. A certified infant massage

educator will instruct the caregiver on the techniques and benefits of infant massage.

- **Little Amigos:** This 5-week playgroup for 2, 3 and 4 year olds exposes English-speaking children to Spanish through music, singing, rhymes and activities.
- **Music & More:** A 5-week playgroup that nurtures the developmental growth of 6 months through 5 year olds. Musical play promotes language development, social/emotional development, and motor and cognitive skills.
- **Wonder Years:** A 5-week developmental playgroup for 2 and 3 year olds that targets early childhood development through music, singing, rhymes, parachute play, stories and creative activities to promote preschool readiness.
- **Developmental Screening:** Families meet with an early childhood specialist to complete the Ages and Stages Questionnaire for children ages birth to 5.

Registration and ASQ required for playgroups.
Check calendars at www.familysupporthc.org



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

FAMILY
RESOURCE CENTERS

Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Family Community Advisory Councils, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.

All programs and services are at no charge to families and individuals.

www.familysupporthc.org



Health & Safety

AROUND THE CENTERS

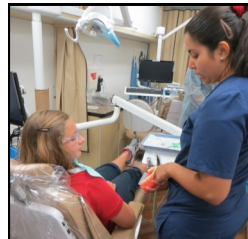
The six Children's Board Family Resource Centers offer Health and Safety services and classes provided by professional instructors.

- **CPR & First Aid:** A certification class, taught by a professional instructor from St. Joseph's Children's Wellness and Safety Center, where you will learn how to handle many emergencies such as bleeding, shock, poisoning, head and spine injuries and much more. You will also learn how to perform CPR and choking rescue techniques on infants, children, and adults.
- **Car Seat Safety Classes & Inspections:** You will learn on how to pick the appropriate car seat and secure it correctly and a Certified Car Seat Technician from St. Joseph's Children's Wellness and Safety Center will teach you how to do it hands on.
- **Well Child Care:** St. Joseph's Children's Wellness and Safety Center's Mobile Medical Clinic offers well child physicals and immunizations to children 18 or under and:
 - Are enrolled in Medicaid
 - OR have no health insurance
 - OR are American Indians or Alaskan Natives

- All children must come with their legal guardian
- The legal guardian must bring a photo ID
- EVERY child must come with an immunization record (whether they need shots or not)
- **Hearing Screening:** St. Joseph's Children's Wellness and Safety Center conducts hearing screenings for children ages birth-18.
- **Vision Screening:** Preserve Vision Florida provides free vision screening for children ages 2-18 years old. To those who qualify, assistance will be provided for glasses and exams.
- **Dental Services:** Provided by Suncoast Community Health Centers and Tampa Family Health Centers to children ages 6 months to 18 years old.
- **Nutrition Classes:** Fun classes led by professionals from St. Joseph's Children's Wellness and Safety Center that include activities which teach children about healthy foods, nutrition, and eating habits.

Appointments are required and children must be accompanied by parent or legal guardian.

Check out the Center calendars at www.familysupporthc.org.



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