

Children's Board Family Resource Centers in Central Tampa

Life Choices Workshop

HEALTH & SAFETY



**Two Day Workshop for Girls
ages 12 to 18 years old.**

Dates & Times:

July 10 from 9:00am to 4:00pm 2018

July 13 from 9:00am to 1:00pm 2018

Lunch will be provided.

**Children's Board Family Resource
Centers in Central Tampa**

Managed by REACHUP, Inc.

1002 E. Palm Ave., Tampa, FL 33605

813-204-1741

**You must register in person at
the Center. This experience is
available on a first-come, first
served basis to the first 12
participants who register and
turn in all required paperwork.**

There will be two Parent Talk Programs for parents of girls participating in the workshop. Parents are strongly encouraged to attend, but it is not mandatory.

Pre talk – July 9 from 4:00 to 5:00pm

Post talk – July 13 from 1:30 to 2:30pm

During this workshop your daughter will learn valuable skills that will prepare her for a lifetime of decision-making, taught by a certified instructor from St. Joseph's Children's Wellness and Safety Center.

Participants will take home the "Baby Think It Over" computerized simulation doll to take care of during the days between the two workshop days.

Topics include: good self-esteem, problem solving, goals and goal setting, anatomy and physiology of the female and male reproductive systems, conception, sexually transmitted infections and prevention, and the realities of parenthood. At this time we are only able to offer this program to proficient English speaking participants.



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

**FAMILY
RESOURCE CENTERS**

Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Family Community Advisory Councils, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.

All programs and services are at no charge to families and individuals.

www.familysupporthc.org

