

Children's Board Family Resource Centers in East County

Life Choices Workshop

A Two-Day Workshop for Girls 12 to 18 Years Old

HEALTH & SAFETY



You must register in person at the Center. This experience is available on a first-come, first served basis to the first 12 participants who register and turn in all required paperwork.

Dates:
July 30 & August 2, 2018

Time: 9:00am to 4:00pm
Lunch will be provided.

**Children's Board
Family Resource Centers
in East County**

Managed by Champions For Children
**639 East Alexander Street
Plant City, Florida 33563
813-752-8700**

Hours: Monday — Thursday: 9am to 6pm
Friday: 9am to 1pm; 2nd & 4th Saturday: 9am to 1pm

During this workshop your daughter will learn valuable skills that will prepare her for a lifetime of decision-making, taught by a certified instructor from St. Joseph's Children's Wellness and Safety Center. Participants will take home the "Baby Think It Over" computerized simulation doll to take care of during the days between the two workshop days. Topics include: good self-esteem, problem solving, goals and goal setting, anatomy and physiology of the female and male reproductive systems, conception, sexually transmitted infections and prevention, and the realities of parenthood. At this time we are only able to offer this program to proficient English speaking participants.



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

**FAMILY
RESOURCE CENTERS**

Children's Board Family Resource Centers are funded by the Children's Board of Hillsborough County and administered by the Healthy Start Coalition of Hillsborough County. Managing partners include: Champions for Children, Children's Home Network, Family Community Advisory Councils, REACHUP, Inc. and St. Joseph's Children's Wellness and Safety Center.

All programs and services are at no charge to families and individuals.

www.familysupporthc.org

