



SAFETY

Provided by St. Joseph's Children's Wellness and Safety Center

Car Seat Safety: Motor vehicle crashes are the leading cause of death for children between the ages of one and 14. Florida law requires children under 6 years of age to be properly restrained and violation of the child restraint law carries a fine of \$60 and 3 points on your driving record. During this class, you will view a presentation on how to pick the appropriate car seat and secure it correctly then a Certified Car Seat Technician will teach you how to do it hands on.

CPR: A 4-hour certification class where you will learn how to perform CPR and choking rescue on infants, children, and adults.

CPR & First Aid: A certification class, taught by a professional instructor, where you will learn how to handle many emergencies such as bleeding, shock, poisoning, head and spine injuries and much more. You will also learn how to perform CPR (Cardiopulmonary Resuscitation) and choking rescue techniques on infants, children, and adults. This is a great course for all parents, grandparents, babysitters and anyone who cares for children.

Safe Sitter Class: Come learn how to be a successful babysitter in this fun 8 hour class. A professional instructor will teach you how to handle behavior problems, rescue a choking infant and child, run your own babysitting business, administer first aid and call for help, and how to keep yourself and the kids safe. Participants must be 11 to 17 years old and bring a completed registration form and lunch to class.

Safe Baby: Parents and caregivers will learn how to choose a safe caregiver for their children, prevent Shaken Baby Syndrome, and promote safe sleep.